

GETTING TO KNOW YOU

OBJECTIVES: To get to know other participants in the group in a short period of time.

MATERIALS: Getting to Know You worksheets

DIRECTIONS:

- Form the groups into triads (groups of three)
- Members of each group number off 1, 2, 3
- Each person in the group scans all of the questions
- They select five statements and complete them
- They review their own answers
- They complete the statement at the bottom, “The most interesting thing about me is . . .”
- Participants share their five answers with the other two members in their group
- After each member shares their five statements, each person then completes the remaining two statements at the bottom of the list, “The most interesting thing I learned about the second person in my triad is . . .” and “The most interesting thing I learned about the third person in my triad is . . .”
- The facilitator calls on one person in each triad to introduce the other persons in the group to the whole class by saying, “I am _____ and the most interesting thing about me is _____. This is _____ and the most interesting thing about him/her is _____. The third person in our triad is _____ and the most interesting thing about him/her is _____ .”

CONCLUSION: The debrief could include:

- Did you find someone you had something in common with?
- What connections can you make with others in the class?

NOTES: When the facilitator uses humor the group will be relaxed and ready to move on to the topic.

Building relationships and establishing an environment of trust is the goal.

Don Petersen, former head of Ford Motor Company said “Results depend on relationships!”

Getting to Know You Worksheet

Check off five statements that you can use to describe yourself at work. Review your answers; decide what is most interesting about you, write that thought at the end of the worksheet. After listening to the other two people in your group, write your answers for them.

1. The best thing that happened to me this past week was . . .

2. The biggest problem I am facing now is . . .

3. The goal that I reached last week was . . .

4. My best skill is . . .

5. My favorite time of day is . . .

6. I get my best ideas when I . . .

7. My long-term goal is . . .

8. My organizational skills can best be described as . . .

9. Last week I learned . . .

10. The most challenging project that I worked on last month was . . .

11. Usually I have to look for . . .

12. I would like to learn more about . . .

13. My definition of satisfying work is . . .

14. I get along best with people who . . .

15. Working in groups makes me feel . . .

16. My proudest moment was when . . .

17. Questions I have about work are . . .

18. I am most satisfied by my work when . . .

19. My role model at work is . . .

20. Multitasking for me is . . .

21. I am most productive when . . .

22. My philosophy about work is . . .

The most interesting thing about me is _____

The most interesting thing about the second person in my triad is _____

The most interesting thing about the third person in my triad is _____