

CAN YOU REMEMBER ME?

- OBJECTIVES:** To warm up a new, small group (20 people or less), break down their inhibitions, demonstrate their ability to remember names, and get them to laugh.
- MATERIALS:** None needed
- DIRECTIONS:** Participants form a circle.
Facilitator begins by saying his/her name and where he/she works.
The second person says his/her name and where he/she works, then says the facilitator's name and where he/she works.
The third person says his/her name and where he/she works, then repeats the first person's name and where he/she works, then repeats the second person's name and where he/she works.
The fourth person continues the same process, repeating the first three person's names and where they work.
The process continues around the circle until the last person repeats everyone's name and where/he she works.
- CONCLUSION:** Debrief could include:
Did you think this was an impossible task at first? Was that a barrier to success?
Were there any distractions by group members? If so, what impact did that have on the group's success?
What techniques were used to remember everyone's name and where he/she works?
What are the lessons for remembering names in the future?
- NOTES:** Facilitator should keep the group motivated making it fun for them to complete the task which can be accomplished!
Don't let a person struggle too long; they may need help from the other participants.
Keep the mood positive and upbeat!