

# WHOLE ROOM HANDSHAKE

**OBJECTIVES:** To quickly warm up a new group, to meet at least half of the entire group. The activity works best if there are between 30 and 100 participants

**MATERIALS:** None needed

**DIRECTIONS:**

- Participants count off 1, 2; 1, 2 or just divide the group equally into two parts.
- First group forms a circle
- Second group forms a circle around the first circle (Form two circles, one inside the other)
- Participants in the inner circle turn to face a partner in the outside circle
- Participants in the inner ring introduce themselves to the person across from them, shaking their hand and giving their name and any pertinent information the facilitator indicates (example: department, origin of birth, years of experience, hobby, etc.)
- The outer circle rotates left and the inner circle rotates right until all participants meet each other.

**CONCLUSION:** Debrief could include:

- Were there any extra ordinary experiences in the interchange?
- Did you meet someone you didn't know that may be a contact for you in the future?

**NOTES:**

Facilitator should keep the group motivated making it fun for them to complete the task which can be accomplished!

They will step over each others arms and usually end up facing outside, but not always!